

**WHAT IS CLAIMED IS:**

1. A sports practice device of the type in which a ball or similar sports practice object is secured by means of a tether to a guide line and the tether is movable along the guide line, the tether comprising:

(a) multi-line cable of predetermined length and engaging the practice device;

(b) said multi-line cable defining at least one loop at one end to be capable of being engaged to the guide line; and

(c) said multi-line cable being integrally joined to the practice device at the opposed end thereof.

2. The tether as recited in Claim 1 in which said multi-line cable is comprised of a single length of a wire-like member folded upon itself and means for holding said wire-like aligned wire-like portions together.

3. The tether as recited in Claim 2 in which the tether line is folded upon itself to define said one loop and at least one part of the line engaging the practice device.

4. The tether as recited in Claim 3 in which the tether comprises a line folded upon itself to form at least two loops at said one end and in which the sports practice device

having at least two apertures therethrough and said wire-like member is passed through said apertures so as to engage the sports practice device.

5. The tether as recited in Claim 4 in which the wire begins at a point adjacent the sports practice in a first part, proceeding to form a first loop, then defining a second part adjacent said first part to and through said first aperture and then through said second aperture, then proceeding as a third part adjacent said first and second part to define a second loop and then forming a fourth part adjacent said first through third parts.

6. The tether as recited in Claim 5 wherein said holding means comprises at least one crimp.

7. The tether as recited in Claim 6 wherein there are at least two such crimps, each spaced from one another along said parts of said line; said line is a mono-filament; the ends of said filament are held in place by said crimp closest to the practice device; said tether further comprises strain relief means mounted about said filaments and between said closest crimp.

8. A method of forming a tether of the type in which opposed ends are to be connected to predetermined objects, said method comprising:

(a) selecting a predetermined length of line;

(b) bending a loop in said line so as to form a first line strand extending from said loop to said first line end and a second line strand extending from said loop to said second line end; and

(d) retaining said first and second strands adjacent one another.

9. The method of Claim 8, wherein spacing said retaining means from the opposed ends of the strands, of the ends having the loop and providing strain relief means between said retaining means and the end opposed to the loop end.

10. The method of Claim 9, including forming said line from a mono-filament plastic and bending the line into a third continuous strand and forming a second loop adjacent the first loop and extending the line to form a fourth strand; retaining said strands by said retaining means.

11. The method of Claim 10, including forming said retaining means from crimps and providing at least two such crimps along the strands and spaced from one another and the strain relief means to provide the tether with flexibility.